



The Upopolis Sibling Pop-Up is a safe and secure, private online community, that connects youth (ages 10-18) who have a sibling living with a chronic or critical illness. Upopolis offers youth the opportunity to:

- connect with peers with similar experiences
- collaborate with youth volunteers from our main Upopolis platform who are living with medical diagnosis
- access support and resources from our team of child life specialists
- develop leadership skills through volunteering
- actively participate in content development

Where does Upopolis content come from?

Upopolis has a team of child life specialists who work closely with our youth users, our organizations, and our referrers to develop unique content, resources, and programming.

In addition, our team of child life specialists seek out and vet content from reliable resources to share and link on Upopolis. The youth are encouraged to be active participants on the development of all Upopolis resources, providing them an opportunity to advocate for their needs and to share their knowledge and experiences.

Want to know more?
upopolis@kidshealthlinks.org

Unique Therapeutic Benefits:

- The Upopolis Sibling Pop-Up provides a safe and therapeutic online outlet for youth who have a sibling with a chronic or critical illness
- Access to trusted medical and wellness information provided by hospitals and organizations which has been vetted by our child life specialists and partner health care professionals
- Self-expression through sharing their story, posts, contests, and contributions for content; always with the supervision of health care professionals who understand their unique struggles and experiences.
- Promotes creativity by enabling youth to create their own groups on Upopolis, to share experiences and interests with others.

Youth / Patient Safety is the Priority

- All our users are referred by a health care professionals, school staff, or grief organization to join Upopolis based on an identified need of benefiting from the site.
- Usernames on Upopolis are never anonymous, first names and last initials are used for ALL youth on the platform and can only be changed with the help of an administrator. This increases accountability on the platform.
- Upopolis users are between 10 - 18 years old (some as young as 8, if they are involved in a camp or group). We can bring younger children onto Upopolis as it is a monitored and closed platform.
- Our team is aware of the content posted and the user activity in their individual "groups" through reports that are reviewed daily. This feature allows our team and the youth to stay engaged with one another.
- Upopolis users can contact our child life team who are active daily on the platform if they have concerns about users or content.

www.upopolis.com

DEVELOPED IN PARTNERSHIP BY: