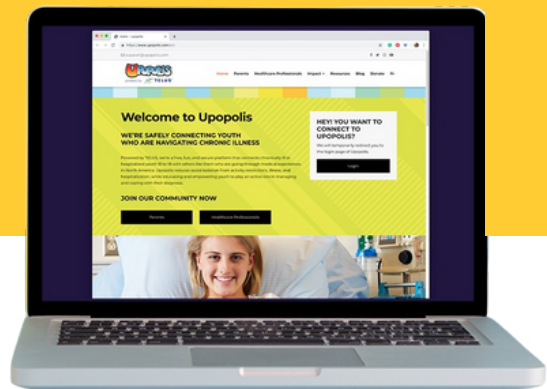




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[www.upopolis.com](http://www.upopolis.com)

## UPOPOLIS IS A SAFE SPACE FOR YOUTH TO CONNECT ONLINE.

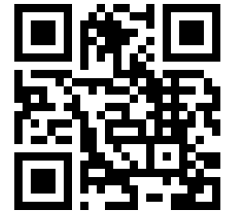
Upopolis is a secure, online social community for youth ages 10 - 18 who are living with a medical diagnosis or condition.

Upopolis provides:

- A safe, secure, monitored community so youth can connect with other youth and professionals while navigating diagnosis/ condition, hospital experiences, and more.
- Age-appropriate information designed to help youth understand their diagnosis, condition, and procedures.
- Affirmation via shared experiences with peers
- Easily accessible content that offers tips, activities, and resources to help youth cope with the feelings and experiences associated with diagnosis or conditions.

## BENEFITS OF YOUTH HAVING ACCESS TO UPOPOLIS:

- The platform is monitored daily by Certified Child Life Specialists, professionals with experience providing pediatric psychosocial support across various settings
- Fully accessible on any device with internet availability
- Offers trusted, vetted resources specific to the youth's experience
- Provides opportunities to directly connect with other youth
- A safe space to ask questions and share
- Access to virtual workshops, games nights, and groups facilitated by Certified Child Life Specialists



## BENEFITS OF UPOPOLIS

### EXPERIENCES OF YOUTH WITH DIAGNOSIS/CONDITION

Feeling peers or those around them don't understand what they are going through.

Possible feelings of isolation, loneliness, sadness, guilt, anger and/or fear.

Experiencing a diagnosis or treatment; wondering how to deal with the things and all the unfamiliar tests, procedures, and treatments.

Barriers to accessing support and to coping techniques.

Loss of control and voice in different aspects of their lives.

### UPOPOLIS BENEFITS

Upopolis connects youth going through similar experiences.

Youth can write their own posts and blogs, ask questions, and live chat/private message other youth on our site.

Age-appropriate and vetted information is available for youth to learn more about their own medical journey.

Upopolis is available regardless of location and offers skill-building workshops.

Opportunities for leadership and self-expression through the sharing of youth stories, posts, and contributions to content.

### OUTCOMES

Youth may feel less isolated and more empowered by connecting with others who are also undergoing treatment or medical experiences.

Youth can share experiences, helping them to realize their feelings are understood and valid.

Giving youth access to resources about diagnosis, conditions and procedures can help to foster resilience and understanding of everything.

Connection to peer support, resources, and professionals.

The opportunity to access and offer support in a way that meets their needs and gives them back a sense of control.

### EQUAL OPPORTUNITY

Social support can influence outcomes for youth by addressing isolation, promoting a positive outlook, and helping to reinforce learning. Upopolis removes barriers that limit involvement due to location by providing access to a peer support network that is entirely online.

### OUTREACH

The Upopolis is a therapeutic modality. Professionals and organizations can offer this platform as a resource to their clients to further support coping. They can also implement it in their practice, allowing them to support their in-person and remote clients in a new way.