

# TIPS FOR CONTINUING BONDS FROM OTHER FAMILIES...



"THAT PERSON'S MEMORY CAN LIVE ON IN THE THINGS YOU DO...OR THE STORIES YOU SHARE."

"MAYBE YOU FINISH A PROJECT THEY WERE WORKING ON..MAYBE YOU IMAGINE WHAT ADVICE THEY WOULD OFFER WHEN YOU ARE MAKING BIG DECISIONS,"

"WRITE LETTERS TO THEM. TALK ABOUT THEM TO PEOPLE WHO ARE IMPORTANT TO YOU WHO DIDN'T GET TO KNOW THEM."

- KEEP SOME OF THEIR BELONGINGS THAT HELP YOU FEEL CONNECTED
- DO THINGS THEY WOULD HAVE LIKED
- COMMUNICATE WITH THEM IN NEW WAYS
- CREATE MEMORY BOOKS OR ARTWORK. DISPLAY PHOTOS.

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